

Pantries/ Emergency Food

- Nativity Lutheran Church**
 - 60850 Brosterhous Rd, Bend
 - Tue 12:30p-3:00p
 - 541.388.0765
- Salvation Army**
 - 515 NE Dekalb Ave, Bend
 - Mon, Tue, Thu, Fri 1p-4p
 - 541.389.8888
- Giving Plate**
 - 1245 SE 3rd St Ste C7, Bend
 - Thur, Fri 10a-4p
Sat 10a-2p
 - 541.797.6883
- WestSide Church**
 - 2051 Shevlin Park Rd, Bend
 - 4th Mon 1:30-2:30
 - 541.382.1504
- La Pine Comm. Pantry**
 - 16480 Finley Butte Rd, La Pine
 - Tue, Fri 11:30-1:30
 - 541.536.1312
- St Vincent de Paul**
 - 1615 SW Veterans Way, Redmond
 - St Vincent de Paul, 950 SE 3rd St, Bend
 - St Vincent de Paul, 51484 Morson St, LaPine
 - Call for Info
 - 541.389.6643
- Sisters Kiwanis**
 - 328 W Main Ave, Sisters
 - Thur 9am-2pm
 - 541.410.8688

Housing Services/Shelters

- Bethlehem Inn**
 - Bend Church, 680 NE Bond St, Bend
 - 24/7
 - 541.382.1672
 - Individuals and Families
- Bethlehem Inn Redmond Community Housing (BIRCH)**
 - 517 NW Birch Ave, Redmond
 - 24/7
 - 541.699.1272
 - Individuals
- Nancy's House**
 - N/A
 - N/A
 - 541.385.0301
 - Families with Children
- Saving Grace**
 - N/A
 - N/A
 - 541.385.0301
 - Families with Children
- Lighthouse Navigation Center**
 - N/A
 - 24/7
 - 541.318.0729
 - Low Barrier Overnight Shelter



Community Resources



























Hot Meals

- Backdoor Cafe**
 - Bend Church, 680 NE Bond St, Bend
 - Wednesday 8a-1p
 - 541.382.1672
- Family Kitchen**
 - Trinity Ep., 231 NW Idaho, Bend
 - M,W,F 10:30a-12:30p,
Sat 11a-12:30 (Lunch), 4:30p-6:30p (Dinner)
Sun 12p-1p (Lunch)
 - 541.760.5677
- Jericho Table**
 - Seventh Day Church of God, 205 NW 4th St, Redmond
 - Mon-Fri 4:45p
 - 541.548.7128
- The Pantry at LaPine Comm. Kitchen**
 - 16480 Finley Butte Rd, La Pine
 - M,W,F 12:30p-2p
 - 541.536.1312
- Shepherd's House**
 - 1854 NE Division St, Bend
 - Mon-Sat 12p
 - 541.388.2096
- The Foundry Church**
 - 60 NW Oregon Ave, Bend
 - 4th Tuesday
 - 541.382.3862















Full List of Resources




Health and Medical

-  **Summit Health**
 541.382.2811
-  **St. Charles Medical Center**
 541.382.4321
-  **Mosaic Medical**
 541.383.3005
-  **Bend VA Clinic**
 541.647.5200
-  **Central Oregon Council on Aging**
 541.678.5483
-  **Crisis Pregnancy Center**
 541.385.5334
-  **Planned Parenthood**
 888.875.7820
-  **Deschutes Co. Health Services**
 541.322.7400
-  **La Pine Community Clinic**
 541.536.3435
-  **Oregon SafeNet Hotline**
 800.723.3638 x211
-  **Senior and Disabled**
 541.388.6240
-  **Volunteers in Medicine**
 541.330.9001
-  **Deschutes Co. Mental Health**
 541.222.7500 (opt.9 for crisis)







Crisis Lines

-  **Poison Center**
 541.222.1222
-  **National Suicide Prevention Hotline**
 800.273.8255
-  **VA Crisis Hotline**
 800.273.8255
-  **AA Hotline**
 855.548.3026
-  **Al-Anon Meeting Info**
 541.728.3707
-  **Bend Treatment Center**
 541.617.4544
-  **NA Hotline**
 541.416.2146













Veteran Services

-  **Veteran Health Care**
 877.222.8387
-  **Central Oregon Veterans Ranch**
 541.706.9062
-  **Central Oregon Veterans Outreach (COVO)**
 541.383.2793
-  **VET Center**
 541.749.2112






Transportation

-  **Dial-A-Ride**
 541.385.5680
-  **Cascade East Transit (Ride Center)**
 541.385.8680
-  **Coiled Cab**
 541.810.0188

Employment

-  **COIC**
 541.548.8163
-  **Goodwill Job Connect**
 541.332.7222
-  **State of Oregon Voc. Rehab**
 541.388.6336
-  **WorkSource Employment**
 541.388.6070
-  **Express Employment Professionals**
 296 SW Columbia Street, STE B, Bend,
 Mon-Fri 8:00a-5:00p
 541.389.1505

Law Enforcement/911

-  **Adult Parole and Probation**
 541.385.3246
-  **Bend Non-Emergency**
 541.693.6911
-  **Juvenile Community Justice**
 541.388.6671